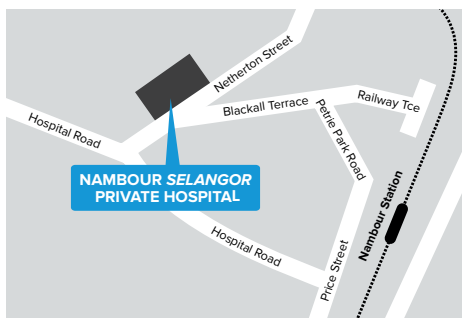




Patient Information

Specialist
Elder Care
(SPEC) program



**Nambour Selangor
Private Hospital**

Part of Ramsay Health Care

62 Netherton Street
NAMBOUR QLD 4560

Ph: 07 5459 7444

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RHC919 NamSelPH SPEC Flyer 0518



**Nambour Selangor
Private Hospital**

Part of Ramsay Health Care

Specialist Elder Care (SPEC) program

A Geriatrician led multidisciplinary approach to the rapid assessment, management and rehabilitation of at risk elderly patients in the community not requiring emergency treatment.

It is designed to address geriatric issues which may include:

- frailty
- cognitive decline
- falls
- polypharmacy
- delirium
- stroke (not acute)
- parkinsonism
- neurodegenerative diseases

The SPEC Program involves:

- elective inpatient hospital stay
- access to inpatient rehabilitation
- access to day rehabilitation services
- referral to community-based programs (where appropriate)

The team:

- Geriatricians
- Physiotherapists
- Social workers
- Occupational therapists
- Dietitians
- Speech pathologists
- Psychologists
- Geriatric nurses
- Pharmacists
- Discharge planners

Specialist Elder Care (SPEC) program

Ph: (07) 5459 7461 and Fax: (07) 5441 7598

