

# Vestibular Clinic



Our Vestibular Clinic uses state of the art video infrared Frenzel goggles to ensure a comprehensive and accurate diagnosis is achieved efficiently.

Our clinics are run by experienced and extensively trained Vestibular Physiotherapists.

We deliver high quality, person centred, goal oriented, and evidence based interventions for people experiencing:

- BPPV (benign paroxysmal positional vertigo)
- Vestibular migraine
- Vestibular neuritis and labyrinthitis
- Vestibular schwannoma
- Meniere's disease
- Neurological forms of dizziness
- Post-concussion syndromes
- Psychiatric forms of dizziness

We value collaborative interdisciplinary practice with your medical team and specialists to enhance health outcomes.

**No referral is required.**

Available at the following locations:

## Nambour Selangor Private Hospital

62 Netherton Street  
Nambour QLD 4560

Ph: 07 5459 7455

## Noosa Hospital

111 Goodchap Street  
Noosaville QLD 4566

Ph: 07 5455 9224

## Gympie Medical Consulting Suites

72 Channon Street  
Gympie QLD 4570

Bookings via Noosa Hospital

Ph: 07 5455 9224

# HEATHER TOLHOEK

Physiotherapist



## Areas of Expertise

- Vestibular
- Neurological

## Relevant Experience

Prior to joining Ramsay Health Care Sunshine Coast, Heather cultivated extensive experience working in the fields of vestibular and neurological physiotherapy in private practice and the public health service in Victoria, and as a clinical educator and examiner for the Australian Catholic University.

Currently Heather is undertaking the Australian Physiotherapy Association neurological physiotherapist titling pathway by completing a postgraduate Masters of Rehabilitation (Neurological Physiotherapy) with key focus areas of vestibular dysfunction and stroke rehabilitation.

Heather has achieved advanced competency certification in vestibular dysfunction and concussion management. She has comprehensive experience in guiding her clients through the diagnostic and rehabilitation process for conditions including BPPV, vestibular neuritis and labyrinthitis, vestibular schwannoma, Meniere's disease, vestibular migraine, psychiatric forms of dizziness, neurological causes of dizziness, and post-concussion syndromes. All vestibular assessments are completed using state of the art video infrared goggle technology.

Heather looks forward to providing a dedicated vestibular clinic in Gympie and Noosa.

# JESSICA KLOSTER

Physiotherapist



## Areas of Expertise

- Vestibular
- Neurological
- Geriatrics
- Orthopaedics
- Chronic pain
- Amputee

## Relevant Experience

Jessica is a member of the Queensland Rehabilitation Physiotherapy Network and has worked at Nambour Selangor Private Hospital for 8 years in the rehabilitation unit providing specialised care for a neurological, orthopaedic, chronic pain and geriatric case load.

Jessica has cultivated extensive experience working in the fields of acute and subacute neurological, amputee, respiratory, general surgical, musculoskeletal and orthopaedic physiotherapy in the public health service on the Sunshine Coast and Rockhampton.

Jessica has completed Introduction to Vestibular Rehabilitation, Advanced BPPV Assessment and Treatment, 3Ms: Meniere's, Migraine and Movement Disorders, Advanced Vestibular Management and Advanced Seminars in Vestibular Dysfunction in Concussion, Stroke and Neurodegenerative conditions.

She has comprehensive experience in guiding her clients through the diagnostic and rehabilitation process for conditions including BPPV, post-concussion syndromes and neurological causes of dizziness including Stroke, Traumatic brain injury, Functional neurological disorder, Multiple sclerosis and Parkinson's disease. All vestibular assessments are completed using state of the art video infrared goggle technology.

Jessica looks forward to providing a dedicated vestibular clinic at Nambour Selangor Private Hospital.

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